

Urram Board Meeting Notes 10th May 2023 9.30am via Zoom

		Action
1	<p>Welcome, apologies, and introductions. Present: Elizabeth Carmichael, Gill Calver, Jenni Hodgson, Louise White, Natalie Rodgers, Bryan Gregg, James Campbell, Sally Semple, Ali Upton, Claire Cameron (Programme Manager Adult Social Care projects, NHS) Apologies: James Hilder, Denise Anderson and Karen-Anne Wilson(District Manager -Lochaber NHS)</p>	
2	<p>Minutes of the last Meeting (March) Approved - proposed: Jenni Hodgson, seconded James Campbell</p> <p>Things not covered elsewhere. Social impact/surveys- not discussed- to be carried forward</p> <p>Upcoming Job interviews: Jenni and Sally agreed to interview. Ideally 31st May</p>	Jenni/Sally
3	<p>Finance a) £56,791.24 in the bank</p> <p>Funding b) Age Scotland- £1000 to support the men’s shed in collaboration with sunart community company.</p>	

4	<p>Services Update</p> <p>Befriending A new referral in Ardgour which is now matched. Otherwise continuing to run along.</p> <p>Social groups and lunch clubs. All that are in existence are running well. Lunch club in lochaline will restart on the 22nd May. Sunart lunch club has moved to the hall whilst exams are on.</p> <p>Meeting with Beka in Kilchoan is on the cards to discuss how we can get something started down there.</p> <p>Claire Cameron offered to attend these groups on a semi regular basis- to have some NHS support, have conversations around community led support, and to share information if that would be useful. Natalie and Claire to discuss.</p> <p>Transport</p> <p>Service continues to be busy with a few new clients. Ferry is causing chaos and lengthening already long journeys, but on the whole volunteers are getting on with it. Managing to fulfil most journeys.</p> <p>Discussion from the which car paper- to identify the right car for Strontian. Support was for the Skoda. Louise to clarify the headlamp situation and if an upgrade is worth it. Leather seats for cleaning purposes make sense. The board agreed to decide by email in the next couple of weeks.</p>	<p>Natalie</p> <p>Natalie/Claire</p> <p>Louise</p>
5	<p>Personal Assistant Support/SDS</p> <p>Had set up a few zoom calls but no uptake. A few more enquiries that are really people looking for social care not befriending. Natalie is going to get in touch with a known PA in Acharacle but so often unpaid carers or people acting as personal assistants don't identify with being a personal assistant.</p> <p>Sally commended Natalie for trying to make some progress on this.</p> <p>1 How do we encourage people to think of themselves as PA's</p> <p>2 how do we find the space for a forum for PA's. The national PA network and highland's PA directory might be of some use. There are some PA's trying to gather together in Fort William Claire Cameron will share contact details with Natalie</p> <p>Is there space within existing groups to have conversations about carers/personal assistants to raise the profile and have better conversations. The PA handbook is already available and SDS Scotland has more info</p> <p>Bryan and Natalie to progress</p> <p>Ali has shared the notes from the meeting we had at Dail Mhor</p>	<p>Claire/Natalie</p> <p>Natalie/Bryan</p>

6	<p>Dail Mhor House</p> <p>Karen- Anne provided a brief updated by email. There has been another resignation so no further forward with staffing. In addition there has been discovery of some water leaks under the floor and heating has been turned down.</p> <p>Following board discussion, Jenni and Claire confirmed one of the leaks is not new and should not be a barrier to re-opening. The boards understanding from conversations with community residents suggest that two of the new recruits have withdrawn due to length of time to taken to complete recruitment process and start work. It was suggested that other recruitment locally has appeared to happen more quickly and is there discrimination against DM.</p> <p>There was agreement to ask James Hilder to write again to NHSH, a short note.</p> <ol style="list-style-type: none"> 1. Physical problems(leak) are not new and should not be a barrier to reopening 2. Extremely concerned at the very long wait times regarding recruitment and resulting in resignations. <p>Letter could be cc'd to community councils and elected councillors.</p> <p>The resignations might provide an opportunity to recruit some self employed personal assistants.</p>	James
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7	<p>Dail Mhor/ Wellbeing Hub</p> <p>a) Housing. Meeting to be arranged with HC, Urram and Karen-Anne said she would support. Louise to arrange. Sally and Elizabeth to attend.</p> <p>Time could easily be spent going round in circles with what provision could be in a care hub, how the houses would be supported with out actually doing any building. Need to move forwards on all fronts to start to tease out what actually is the right thing for everyone involved. Prior to the meeting: LW to seek conversation with GP's to see how they could better support individuals in these sheltered houses- thereby demonstrating some of the benefits that would be immediate whilst still figuring out 'services' that could be provided out of a care hub. The primary school is beyond repair- so we cant use that in the interim.</p> <p>Claire shared details on the Caithness/Sutherland hubs which have developed in partnership with communities. This has all been about repurposing existing buildings for activities that support and ensuring information people are looking for is easily accessible. But a building a new space is a new concept and Claire isn't aware of any pots of money available but has a meeting with NDTi later today and that might be useful</p> <p>Staffin project has evolved since inception and it would be worth a conversation with them.</p> <p>Important to continue to build evidence of what we need, and how we use existing spaces.</p> <p>b) Report from rural housing is still out standing. Natalie to circulate once comments are added.</p> <p>c) Recent meeting with Pamela Cremin (Interim Chief Officer NHS) and Karen-Anne Wilson</p> <p>Highland hospice/care at home- date for meeting next week. Press release for the report is in progress Pam is very happy to come to a community meeting about the report in the near future to give support as to how the community moves forward.</p> <p>Karen- Anne is going to share some details of GP developments in Ballachulish and Fort Augustus.</p> <p>d) Communities who care forum.</p> <p>The board approved the proposal. Suggested there is a rolling host/ chair. Cake would be a good support. Louise to progress.</p>	<p>Louise</p> <p>Louise</p> <p>Louise</p> <p>Natalie</p> <p>Louise</p>
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8	<p>AOB:</p> <p>AGM- proposed date 4th of September. Host a bigger event, showcasing what Urram has been up to, how people can be involved etc. Ali and Elizabeth tended their apologies. Pre-notice of AGM in July DTD and then Notice in August DTD</p> <p>There was support for attending; Morvern Games 15th July Sunart Show 12th August West Ardnamurchan Show and Sports day 21st July Natalie/Bryan/Louise to arrange and Trustees to support.</p>	<p>Natalie</p> <p>Natalie/Bryan/ Louise</p>
9	<p>Date of next meeting – 19th June 7.30pm Future dates:</p> <p>Evening! 19th June 7.30pm Evening! 31st July 7.30pm 11th September 9.30am 23rd October 9.30am Evening! 4th December 7.30pm (mince pies and mulled wine optional!)</p>	